

APPENDIX

List of herbarium specimens bearing fertile shoots of *Equisetum arvense*:

Wanganui, 24.9.1922, J. McGregor (AK 110803), -9.1925, F. J. Walker (WELT P3888); Wanganui, Virginia Lake Reserve, 2.9.1977, I. McNeur (CHR 312720); Manawatu, Rangitikei River, Tangimoana, -1.1978, T. C. Moss (WELT P10246), 11.2.1982, 2.12.1982, P. J. Brownsey (WELT P11076 & P11744), 2.10.1982, B. V. Sneddon (WELT P11722); Marlborough, Awatere River, Altimarlock Station, 8.9.1971, K. J. Warren & V. C. Laird (CHR 196969); Nelson, Mokihiniu River (South branch), 15.9.1976, G. Park (CHR 287119).

Some Advice from the Past

A. P. Druce, Wellington

William Fox 1843: "Each person also had a blanket sewed into a bag into which he crept for the night, and with one or two more loose ones to wrap around, makes a very comfortable bed. Some changes of linen, a spare pair of shoes, and soap brushes etc should be taken. Razors are unnecessary. The dress used should be chiefly woollen or flannel; trousers should be of canvas, or moleskin to prevent their tearing to shreds in the bush."¹

William Colenso 1883: "And here I may be permitted briefly to mention, for the especial benefit of my lady and young hearers, and also of strangers (if any) who have not yet realised the great advantages of diving into the depths of our New Zealand forests, — that to see our ferns in all their natural beauty, they should be visited in their cool sequestered retreats and bowers and grotts."²

R. I. Kingsley 1893: "We carried our tents and provisions ourselves without the aid of a horse, and could therefore stop where and when we chose. For real enjoyment and effective work this method, although somewhat laborious, has many advantages over the customary trap or pack-horse."³

1 Journal of an expedition to Wiararapa (sic). Original MS held in Hocken Library Dunedin.

2 *Trans. N.Z. Inst.* 15: 311-20.

3 *Trans. N.Z. Inst.* 25: 304-5.