

*P. rubricaulis* Matth. *sens. strict.* has a wider recorded range. From Taiharuru Bay in the north-eastern Coromandels (J. Smith-Dodsworth) northwards to Kaitaia. I have myself found it throughout the Waitakere and Hunua ranges; Albany, Coatesville and Auckland North Shore; Kaeo in the far north; Waipoua and Trounson forests; and the Atuanui forest near Glorit on the Kaipara, always with kauri, both pole and mature, and never anywhere else. I don't believe it to be part of the *graminea* complex and in 1949 (*Trans.R.S.N.Z.* 77: p.240) I transferred it to *P. montana*. I still hold to this opinion.

I asked Dr Ross Beever to look at the mycorrhiza of both these orchids and he tells me that there is no apparent connection with the kauri. The fungus is stimulated by the piled-up decaying debris, while the orchids respond to the combination of the abundant fungi and the easily penetrated, moisture retaining debris layer. Whatever causes which to happen, there they both are, the Pterostylids and the kauri growing in beauty side by side.

#### SAGO PALMS

J. Beever

It is not uncommon to hear a reference to a Sago Palm as if there was only one such species. Investigation reveals that about eighteen species in nine genera are commonly used in sago production in different parts of the world. There are a few other species used occasionally but the above mentioned are the chief source of the well-known food. The following details appear in a publication "Palm Sago" by K. Riddle, D. Johnson, P.K. Townsend and J.D. Rees from the Australian National University Press, 1978, which summarises the present position.

The name sago comes from the Malay word, sagu, used for the food obtained from the trunk of certain palms. The palm is felled, the trunk cut open and the pith extracted, cut in small pieces and macerated with water. By this means the white starchy food is separated from the fibrous mass and after removal of some water the sago is either used as a food there and then or processed into the small pellets we are familiar with.

The first and still by far the most important genus used for sago is the tropical *Metroxylon* of which several species are used in New Guinea (both East and West), Kalimantan (Borneo), Indonesia, Malaysia and the Philippines. Other palms used to a much lesser extent are, the *Arenga pinnata* in India, West Malaysia, the Philippines and Indonesia; the *Caryota* (4 species) or Fishtail Palm in Malaysia (East and West), Kalimantan and Viet Nam; *Corypha* (2 species) a fan palm, in Sri Lanka, the Philippines, Malaysia, Madeira (Brazil), and Sulawesi (Celebes); *Eugeissonia* (2 species) in Sarawak, Kalimantan and Malaysia. The New World has also used palm sago; in the West Indies the *Roystonea oleracea* (the Feathery Cabbage Palm) is most used; in Venezuela the *Mauritia flexuosa* and the *Arecastrum romanzoffianum* in Paraguay and Brazil.

As well as palms some cycads have been used for sago in some parts and strangely in New Zealand cycads seem to have acquired the common name of Sago Palm. The writers of the afore-mentioned article say that commercially, world production of sago now includes the similar material obtained from the tropical root crop manioc or cassava which we would differentiate as tapioca.